

Health Clearance Instructions for Students

You are required to obtain a health clearance to participate in UCEAP. UCEAP and the UC campus reserve the right to require a health clearance through the campus Student Health Service. You must follow your UC campus Student Health Service procedures to get a health clearance. DO NOT DELAY. The health clearance must be completed **no later than two** months (60 days) before departure, except for Chile*. *If you do not comply, you may be dismissed.* The original clearance is final unless same doctor updates it.

HEALTH CLEARANCE REQUIRED FROM CAMPUS STUDENT HEALTH SERVICE

Botswana Ghana India	Senegal Solomon Islands South Africa Tanzania	INSTRUCTIONS: Your UC campus Student Health Service (SHS) must clear you to study through UCEAP. Some SHS limit the number of 'health clearance' appointments. Others have deadlines for submitting your Confidential Health History information. Begin this process early.
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HEALTH CLEARANCE REQUIRED FROM CAMPUS SHS – OR – PRIVATE PHYSICIAN

Argentina Australia Barbados Brazil Canada Chile China Costa Rica Czech Republic Denmark Dominican Republic	France Germany Hong Kong Ireland Israel Italy Japan Jordan Korea Mexico Morocco Multi-city Programs	Netherlands New Zealand Norway Russia Singapore Spain Sweden Switzerland Taiwan Thailand UK	INSTRUCTIONS: Obtain a health clearance either from your UC campus Student Health Service (SHS) or from a private physician, according to campus-specific protocols. For a campus SHS health clearance follow all instructions provided by the campus EAP or SHS office. <i>UCEAP and/or the campus reserve the right to require the clearance through the campus Student Health Service.</i> If you decide to use a private physician, instructions are on the following page. Complete the process by stipulated deadlines, but no later than two months (60 days) before departure*. * Chile: If you will apply for the visa at Los Angeles Consulate of Chile, you must submit a health clearance that is dated 30 days, or less, before the application date of your visa. <i>The Consulate of Chile located in San Francisco does <u>not</u> have this requirement.</i>
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ONLINE TRAVEL COURSE (OTC)

Argentina Barbados Botswana Brazil China Costa Rica Dominican Rep. Ghana India Jordan	Mexico Morocco Russia Senegal Solomon Islands South Africa Tanzania Thailand	<p>This course does not replace an in-person appointment with a travel health specialist for necessary travel medications and immunizations.</p> <p>INSTRUCTIONS: Complete the UCEAP Online Travel Course (OTC) according to instructions in the Pre-Departure Checklist for your program. The OTC covers critical information about:</p> <ul style="list-style-type: none"> • vaccine-preventable diseases, • personal protective measures against insect bites, • food and water safety, • travel with medication, • personal safety precautions, etc. <p>After you complete the course, make an appointment with a travel health specialist at the campus SHS –or– a private travel health specialist. Only medical professionals can provide advice about vaccinations and medications.</p>
Multi-city Programs that include any of the above countries		

HEALTH CLEARANCE THROUGH A PRIVATE PHYSICIAN

1. Make appointments with your personal doctor and specialist(s) *only if your UCEAP destination and campus allow clearances from outside practitioners*. Specialist clearances should be done **BEFORE** the general practitioner clearance.
2. Pick up blank **Confidential Health History** and **UCEAP Health Clearance** forms from your campus UCEAP advisor –OR– access them online, according to campus protocols.
 - a. Complete the **Confidential Health History** form clearly and accurately **before each appointment**, and SIGN it. You must provide the completed form to each doctor and specialist who will sign your clearance. Disclosing physical and mental conditions is essential so the doctor discuss a treatment plan for your time abroad.
 - b. Complete the top of the **UCEAP Health Clearance** form with your name and complete program information (Country, Host Univ, Program Name, and Term).
3. Attend appointments with completed documents in hand, including any specialist clearances already received. Ask the physician to carefully follow the instructions on the front page of the **UCEAP Health Clearance Form & Instructions for Private Health Care Providers**.

AFTER THE HEALTH CLEARANCE IS COMPLETED AND SIGNED BY ALL SPECIALISTS AND THE GENERAL PRACTITIONER

1. **UCEAP Health Clearance** – Mail the **original** of the completed form **before the deadline** to:
University of California Education Abroad Program
6950 Hollister Avenue, Suite 200, Goleta, CA 93117-5823

UCEAP must receive this form at least two months before departure to prevent delays in participation*.

* **Except Chile:** The Consulate of Chile in Los Angeles requires that clearances be completed and dated 30 days, or less, before your visa application date. *The Consulate in San Francisco does not have this requirement.*

2. **Confidential Health History**
 - a. **Leave** the original, completed Confidential Health History form with your doctor for your file, if possible.
 - b. **Take a copy** with you abroad in case you need to provide a medical history in an emergency.
 - c. **Do not send a copy to the UCEAP Systemwide Office.**

STUDENTS WITH SPECIAL NEEDS: Students who have any **disability, or other chronic systemic condition for which they will seek accommodation abroad** are advised to alert the Campus EAP office immediately so staff can notify the UCEAP Systemwide Office. The UC campus Disabled Students Office must send a memo to UCEAP indicating the nature of the student's needs. In light of varying conditions and services available, universities abroad may require this memo with sufficient notice for a request for accommodations to be fairly evaluated. The students must secure funding for the accommodation. Students who disclose needs at the last minute, or who require accommodations that cannot be made available in the host country, may be advised to postpone participation or consider another site. (NH 12/2013)