



## Online Travel Health Course

***This course does not replace an in-person appointment with a travel health provider for necessary medications and immunizations.***

### Before you start the course:

- 1) Ensure that you have access to a working printer with an adequate supply of paper.
- 2) Schedule one hour of uninterrupted time for this course.
- 3) Read instructions below.

### Instructions:

- You are required to complete the online Travel Health Course and submit the Certificate of Completion form to UCEAP by the designated deadline.
- The link to the course is <https://myeap.eap.ucop.edu/travelhealth>
- The course will take approximately one hour to complete.

**IMPORTANT:** Do not exit the course at any point before completion because you cannot save your work—doing so will force you to start the course from the beginning.

- **Print three copies of your certificate** at the end of the course.
  - Mail one copy to UCEAP (address on certificate)
  - Take one copy to your appointment with your travel health provider
  - Save one copy for your records
- After you complete the course, you must make an appointment with a travel health provider (at your campus Student Health Center, your private insurance provider, or a local travel clinic) as soon as possible. **It is critical to consider vaccine-preventable diseases that may be easily contracted during travel,** especially if you have a pre-existing medical condition.
  - If you will be traveling to a malaria-endemic region, you may need to take malaria chemoprophylaxis, in addition to taking measures to avoid contact with mosquitoes. Anti-malarial medication is covered by UCEAP insurance provided you purchase it within 14 days before the official start of your EAP program.