



UNIVERSITY  
*of* CALIFORNIA

**Education  
Abroad  
Program**

United Kingdom

EAP Arrival and Orientation Information

**FALL & YEAR PROGRAMS  
2013-2014**

# TABLE OF CONTENTS

**Introduction**

**Dates and venues for EAP orientations in England**

**Orientations in London for all EAP England students**

**Arriving early? Ideas for London**

**Luggage, mobile phones, money and jet lag – useful tips from previous participants**

**Contact details for London Study Centre**

## Introduction

All students attending universities in England **must** attend an England EAP orientation in London.

Full participation in the EAP orientation is required for all UCEAP students as it is an integral part of the student contract.

Failure to attend the whole EAP orientation could result in dismissal from the program.

### **IMPORTANT**

Please note that you **cannot** arrive into the United Kingdom via the Republic of Ireland, the Channel Islands, and the Isle of Man as these areas comprise the Common Travel Area. Customs in these areas will not be able to validate your student visa, and you would therefore illegally enter the United Kingdom without student status. Make sure your travel arrangements take these matters into account.

## EAP Orientation Dates & Venues

EAP orientations in England will take place in London before you head to your host university. The table below shows all EAP orientation locations and details of arrival times.

Please go directly to your accommodation, NOT the Study Centre.

Your UK Host University	EAP Orientation Location	Check in at orientation accommodation:	EAP Orientation accommodation venue See Map	EAP Orientation starts at:	EAP Orientation ends (Check out):
<b>Manchester</b>	London	Tuesday, 10 September 3.00pm	LSE High Holborn Residence	Tuesday, 10 September 4.00pm LSE High Holborn Dining Hall	Thursday, 12 September before 11.30am
<b>Sussex</b>	London	Thursday, 12 September 3.00pm	LSE High Holborn Residence	Thursday, 12 September 4.00pm LSE High Holborn Dining Hall	Saturday, 14 September before 11.30am
<b>King's College &amp; Queen Mary</b>	London	Friday, 13 September 3.00pm	LSE High Holborn Residence	Friday, 13 September 4.00pm LSE High Holborn Dining Hall	Sunday, 15 September before 12.30pm
<b>East Anglia &amp; Leeds</b>	London	Monday, 16 September 3.00pm	LSE High Holborn Residence	Monday, 16 September 4.00pm LSE High Holborn Dining Hall	Wednesday, 18 September before 11.30am
<b>Bristol &amp; Kent</b>	London	Thursday, 19 September 3.00pm	LSE High Holborn Residence	Thursday, 19 September 4.00pm LSE High Holborn Dining Hall	Saturday, 21 September before 11.30am
<b>Warwick</b>	London	Sunday, 22 September 3.00pm	LSE High Holborn Residence	Sunday, 22 September 4.00pm LSE High Holborn Dining Hall	Tuesday, 24 September before 11.30am
<b>Imperial &amp; York</b>	London	Friday, 27 September 2.00pm	Harlingford Hotel	Friday, 27 September 3.00pm Harlingford Hotel, Ground Floor Lounge	Sunday, 29 September before 11.30am

## Orientations in London for all EAP England Students

### 1) Orientation accommodation information

- a) Bristol, East Anglia, KCL, Kent, Leeds, Manchester, QMUL, Sussex, and Warwick
- b) Imperial and York

### 2) Directions

### 3) Orientation program

### 4) Departure to your UK Host University

### 1) Orientation accommodation information

If you have any questions about your accommodation during EAP orientation in London, please contact Niki Sol.

#### a) Bristol, East Anglia, KCL, Kent, Leeds, Manchester, QMUL, Sussex, and Warwick

You will be accommodated in **LSE High Holborn Residences** during EAP orientation. This hall is in the centre of London, in Bloomsbury area where the London Study Centre is located. The main landmark in Bloomsbury is the British Museum, and the study centre is around the corner from there.

Check-in time at LSE High Holborn is 3pm. If you arrive earlier, you may leave your luggage in a locker room and return at 3pm to complete your check-in. You will have one hour between check-in time and the beginning of EAP orientation program to refresh and get ready. At 4pm, go to the Dining Hall on the ground floor where you will meet with Niki Sol and Monika Popp from the London Study Centre and your EAP orientation will begin. On arrival to the Dining Hall, you must check-in with Niki or Monika.

EAP has booked and paid for two nights, bed and breakfast accommodation for you at the LSE High Holborn. There is an elevator in the building. Currently WiFi is not available for non-LSE students, though LSE is looking into offering connectivity. Some cafés (e.g. Le Pain Quotidien next door) offer free wi-fi. Breakfast is served Mon-Fri 7.00-10.00am, Sat-Sun 8.00-11.00am.

LSE High Holborn address:

178 High Holborn, London, WC1V 7AA

Tel: +44 (0)20 7107 5737

Fax: +44 (0)20 7107 5735

<http://www.lsevacations.co.uk/residences/highholborn.htm/>

The closest Tube stations are: Holborn (Piccadilly Line from Heathrow, Central line) and Tottenham Court Road (Northern & Central Lines)

#### b) Imperial and York

You will be accommodated at the **Harlingford Hotel** for the duration of the EAP orientation in the centre of London, in Bloomsbury area where the London Study Centre is located. The main landmark in Bloomsbury is the British Museum, and the study centre is around the corner from there.

Check-in time at Harlingford Hotel is at 2pm. If you arrive earlier, you may leave your luggage in a locker room and return at 2pm to complete your check in. You will have one hour between check-in time and the beginning of EAP orientation program to refresh and get ready. At 3pm go to the Lounge on ground floor

where you will meet with Niki Sol and Monika Popp from the London Study Centre and your EAP orientation will begin. On arrival to the lounge, please check-in with Niki or Monika.

EAP has booked and paid for two nights, bed and breakfast accommodation for you at the Harlingford Hotel. There is **NO** elevator in the building, so we recommend that you pack all you need for your orientation in a separate bag that you can take with you to your room and leave the main luggage downstairs. There is free WiFi throughout the hotel; just ask at reception for the access codes. Breakfast is served from 7-9am Monday through Friday, and 7-9.30am Saturday and Sunday.

Harlingford Hotel address:  
6-13 Cartwright Gardens, London, WC1H 9EL  
Tel: +44 (0)20 7387 1551  
Fax: +44 (0)20 7387 4616  
[www.harlingfordhotel.com](http://www.harlingfordhotel.com)

The closest Tube station is Russell Square or King's Cross/St. Pancras (on Piccadilly line from Heathrow airport).

## **2) Directions to your EAP orientation accommodation**

If you require travel instructions from another destination that is not mentioned below, please contact Niki Sol.

### **From London Heathrow Airport**

By London Underground: London is serviced by a very well developed network of public transportation, including London Underground, also called the "Tube."

Taking the Tube from Heathrow is easy and economical but you must be prepared to carry your luggage up and down a few stairs at Russell Square and Holborn (there are elevators at King's Cross – please look at the map of the station).

At Heathrow, follow signs to Underground and take Piccadilly Line to your station: Holborn for LSE High Holborn Residence or Russell Square/King's Cross for Harlingford Hotel. The journey takes 45min to an hour. At Heathrow Underground station you should purchase a Single ticket to Zone 1, which costs £5.50. Oyster Cards offer discounted fares on the Tube, and you will be given one at orientation. Therefore, just buy a single ticket to get to the hotel.

The "Travel for London" website includes links to the various individual travel companies, e.g. London Underground, Heathrow Express, etc. You can access this site by going to: <http://www.tfl.gov.uk/> to get more details about your journey options. It is advisable to check whether there are any planned engineering works, line suspensions or station closures on the date of your arrival.

You can also find a copy of the London Underground map to plan your journey through the following link: <http://www.tfl.gov.uk/tfl/pdfdocs/colourmap.pdf> or use the Journey Planner on the TFL website.

Detailed walking instructions on how to get from different stations to your accommodation are listed below. There is also a map attached to this document that should help you locate your hotel and the London Study Centre, both of which are in the Bloomsbury area, central London.

By Shuttle Services: Companies such as Hotel By Bus and Heathrow Shuttle Limited provide pre-reserved semi-private (shared with a few other passengers) car service directly to any hotel in London. The cost will

be a flat rate of £20-£25 depending on the specific hotel, which includes one large bag and one piece of hand luggage. It costs £5 more per each extra bag. You must pre-book online at:

[www.hotelbybusheathrow.com/](http://www.hotelbybusheathrow.com/)  
[www.heathrowshuttle.com/](http://www.heathrowshuttle.com/)

**By Taxi:** Alternatively you can take a taxi from Heathrow if you do not want to brave public transport while jet-lagged. A Black cab will cost around £60. However, pre-booked Minicabs usually operate on a flat-rate of around £35-50 for up to 4 people.

Book online at:

[www.londonairportcarservice.co.uk/](http://www.londonairportcarservice.co.uk/)  
[www.adlg.co.uk/index.html](http://www.adlg.co.uk/index.html)  
[www.airportsrunner.com](http://www.airportsrunner.com)

The London Study Centre frequently uses a licensed mini cab company called Fairway and Kenwood:  
[www.fairwaycars.co.uk/](http://www.fairwaycars.co.uk/)

Alternative options include:

**By National Express Coach (Bus):** The coach service leaves 3 times per hour and brings you into Victoria Coach Station in 40 – 60 minutes. It costs £6.00. From Victoria Coach Station, follow signs to the Victoria Underground.

*If you are staying at the LSE High Holborn, please change trains at Euston Station (4<sup>th</sup> stop) to Northern Line southbound via Charing Cross and alight at Tottenham Court Road (3 stops further). Then read the instructions on how to walk to the hotel (below).*

*If you are staying at Harlingford Hotel, then alight from King's Cross/St. Pancras station and follow walking instructions below.*

**By Heathrow Express:** The quickest route into London is the Heathrow Express train service. It departs every 15 minutes from the airport (after you exit customs, follow signs to the Heathrow Express), and the journey into Paddington Train Station takes just 15 minutes. It costs £20 if you buy your ticket online ([www.heathrowexpress.com](http://www.heathrowexpress.com)) or £25 if you buy it from the machines at the station or on the train.

If students can carry their luggage quite easily up and down the stairs, they can take Underground train from Paddington Station to get to their accommodation:

*If you are staying at LSE High Holborn, then take Bakerloo line southbound to Oxford Circus and change trains there to Central line westbound (1 stop). Alight from Tottenham Court Station and follow walking instructions below.*

*If you are staying at Harlingford Hotel, then take Hammersmith and City line eastbound (towards Barking – cost £4.50) to King's Cross/St. Pancras station (5 stops) and follow the walking instructions below.*

For students with heavy bags, a taxi is the best option from Paddington directly to the hotel- approximate cost £20.

**By Heathrow Connect:** Students with a bit more time and wishing to save some money can take the Heathrow Connect train service. It departs every 30 minutes from the airport, and it takes about 25 minutes to get to Paddington Train Station. Tickets cost £9.50 and can be purchased online at [www.heathrowconnect.com](http://www.heathrowconnect.com).

If students can carry their luggage quite easily up and down the stairs, they can take Underground train from Paddington Station to get to their accommodation:

*If you are staying at LSE High Holborn, then take Bakerloo line southbound to Oxford Circus (cost £4.50) and change trains there to Central line westbound (1 stop). Alight from Tottenham Court Station and follow walking instructions below.*

*If you are staying at Harlingford Hotel, then take Hammersmith and City line eastbound (towards Barking – cost £4.50) to King’s Cross/St. Pancras station (5 stops) and follow the walking instructions below.*

For students with heavy bags, a taxi is the best option from Paddington directly to the hotel- approximate cost £20.

### **Walking Instructions to LSE High Holborn (See attached map: approximately 10-15 minute walk with luggage)**

#### From Holborn Tube Station (Piccadilly Line from Heathrow)

- Come out of the station and cross the road towards Sainsbury’s Central on Kingsway (opposite the station)
- Walk down High Holborn and stay on the left of the road. You’ll walk past HSBC, the Arab Press House and eventually a small Post Office.
- The Residence Halls should be 20 meters ahead.

#### From Tottenham Court Road Tube Station (on Central/ Northern Line)

- Come out at Exit 4 onto St Giles High St/ New Oxford St, turn right under Centre Point, onto St Giles St (You’ll see a lot of buses and a few Korean Restaurants)
- Walk down St. Giles St and you’ll see a Church on your right. Keep walking and the road will merge with a main road: High Holborn. The Shaftesbury Theatre will be on the left hand side of the street.
- Cross the road towards the Oasis Sports Centre. Stay on the same side of the street and the Residence Halls will be 50 meters ahead, opposite Travelodge, on High Holborn.

### **Walking Instructions to Harlingford Hotel (See attached map: approximately 10-15 minute walk)**

#### From Russell Square Station on Piccadilly line from Heathrow (approximately 10 minute walk with luggage) – the closest Tube station

- Come out onto Bernard St. and make a right along the road.
- Cross the street at the crosswalk (called a zebra crossing) and turn left onto Marchmont St. just after you see the Tesco Express on the corner.
- Keep walking straight down Marchmont St on the left-hand side, passing by the Brunswick Shopping Centre on the right, until it turns into Cartwright Gardens after you cross Tavistock Place.
- When you come to a semi-circle shaped road with a garden area in the middle, turn left onto it.
- Harlingford Hotel will be first building on your left.

#### From King’s Cross Tube Station (Piccadilly Line from Heathrow) (approximately 15 minute walk with luggage). This is a step-free station – there are elevators to take you from the platform to the street level:

- Come out of the exit leading to Euston Rd South side/ St Pancras Library, and you’ll see a Burger King on Euston Rd.
- Stay on that side of the road and walk down towards O’Neils (Pub) at the corner of Judd St. On the other side of the road, you’ll see St Pancras Chambers (a red-brick gothic building) and the British Library next to it.
- Walk past Starbucks and turn left at Pret a Manger (sandwich shop chain) onto Mabledon Street. There’ll be a row of University of London Residence Halls on the left of the Cartwright Gardens.

Walk past Hughes Parry Hall and once you reach Commonwealth Hall, the Harlingford Hotel is the first hotel in the arch of the road, opposite Commonwealth Hall.

#### From Euston Station on Northern and Victoria lines (approximately 10 minute walk)

- Come out onto Eversholt St, and make a right along the road. You will see a bar called Royal George on your left as you walk.
- Continue one block and after you see a Travelodge on your left, make a left onto Euston Rd.
- Proceed and then make a right onto Duke's Rd. where you will see a Costa Coffee on the corner.
- Duke's Rd will bend to the left. When it ends, turn right onto Burton St.
- Turn left onto Burton Place and proceed to the end of this road.
- This will bring you to Cartwright Gardens. Here, make a right and you will find the hotel on your right after about a minute of walking.

#### **From London Gatwick Airport**

By Gatwick Express: You can take the Gatwick Express which runs directly from Gatwick to London Victoria Rail Station. This service runs every 15 minutes, and the journey takes about 30-40 minutes. Cost: £19.90.

From Victoria Station, students with limited baggage (i.e. if you can carry it up and down stairs without much difficulty) can take the underground (tube). Take the Victoria Line northbound.

*If you are staying at the LSE High Holborn Residences*, please change trains at Euston Station (4<sup>th</sup> stop) to Northern Line southbound via Charing Cross and alight at Tottenham Court Road (3 stops further). Then read the instructions on how to walk to the hotel (below).

*If you are staying at Harlingford Hotel*, then alight from King's Cross/St. Pancras station and follow walking instructions above.

To get to the tube at Victoria Rail Station, follow signs to the underground and purchase a single, Zone 1 ticket. Cost: £4.50.

Students who can't move easily with their luggage are advised to take a taxi from Victoria Station to the hotel - approximate cost £13.00.

By National Rail: You can also take several national rail services, which will take you from Gatwick to London Victoria Rail Station or London St. Pancras International Rail Station. This journey takes about 30-45 minutes, and its cost can range from £7-20, depending on the time of the day you travel.

Check here for train ticket pricing and schedule information:

<http://www.nationalexpress.com/trainslanding.aspx>

The directions from Victoria Station and St. Pancras to your hotel are as above.

By National Express Coach (Bus): The coach service leaves 1 time per hour and brings you into Victoria Coach Station in and hour and 50 minutes. It costs £7.00. From Victoria Coach Station, follow signs to the Victoria Underground.

*If you are staying at the LSE High Holborn*, please change trains at Euston Station (4<sup>th</sup> stop) to Northern Line southbound via Charing Cross and alight at Tottenham Court Road (3 stops further). Then read the instructions on how to walk to the hotel (below).

*If you are staying at Harlingford Hotel*, then alight from King's Cross/St. Pancras station and follow walking instructions below.

### 3) EAP Orientation program in London

An orientation program includes:

- Mandatory information sessions on Life in the UK and Academics in the UK
- Cultural and educational activities in London
- Some free time in the centre
- Two dinners together

A detailed itinerary will be available upon arrival. You should expect to be busy with orientation activities on the dates specified. During orientation, there will be some free time when you can purchase your mobile (cell) phone.

As part of your orientation packet, you will receive an orientation folder with important information, a goodie bag, an Oyster card for travel in London (a ticket).

All orientation activities are pre-arranged and pre-paid for by the London Study Centre. You will only need money to cover the journey from the airport to your accommodation and lunch during day 2 of orientation.

If your flight gets delayed and you may arrive late, you must contact Monika Popp or +44 (0)7503507985.

### 4) Departure to your UK Host University

After orientation, you will depart for your Host University. Your travel will be pre-arranged and pre-paid for by the London Study Centre. You will either travel by train and taxis or by a private coach (bus) together with other EAP students going to your Host University.

## Arriving Early? Ideas for London

Arriving early is advisable but not required. However, if you do arrive early, you must book your accommodation yourself.

If you wish to add extra nights in advance of the group booking, please contact your orientation accommodation directly.

A hotel room or bed & breakfast accommodation in London would cost £50-100 per night. Alternatively, you may want to stay in cheaper accommodation at one of the hostels mentioned below. These are usually dorm room beds that range from around £16 - £25 per night and may or may not include breakfast.

### Accommodations

#### Hotels:

Premier Inn King's Cross, 26-30 York Way, Kings Cross, N1 9AA  
[www.premierinn.com](http://www.premierinn.com)

Travelodge Covent Garden, 10 Drury Lane, High Holborn WC2B 5RE  
[www.travelodge.co.uk](http://www.travelodge.co.uk)

#### Hostels:

Astor Museum Hostel: 27 Montague Street, WC1B 5BH  
Tel: 0044 20 7580 5360  
(Nearest Tube station: Tottenham Court Road)  
[www.astorhostels.com](http://www.astorhostels.com)

YHA London Central: 104-108 Bolsover St, W1W 5NU  
Tel: 0845 371 9154  
(Nearest Tube station: Great Portland Street)  
[http://www.yha.org.uk/find-accommodation/london/hostels/london\\_central/index.aspx](http://www.yha.org.uk/find-accommodation/london/hostels/london_central/index.aspx)

YHA London St Pancras: 79-81 Euston Road, NW1 2QE  
Tel: 0845 371 9344  
(Nearest Tube station: King's Cross/St. Pancras)  
<http://www.yha.org.uk/find-accommodation/london/hostels/london-st-pancras/index.aspx>

### Ideas for Sightseeing

We recommend that you rest and get ready for orientation. However, if you really want to go and explore, try not to visit the places we will during orientation! Most museums in the UK do not charge admission fee, so it's worthwhile checking some of the great collections at the British Museum, or the National Gallery. Other recommended attractions include the London Eye, Westminster Abbey, or Buckingham Palace. A stroll on the South Bank is one of Londoners' favorite pastimes.

## Luggage, Mobile Phones, Money and Jet Lag

### Useful Tips from Previous Participants

#### LUGGAGE

##### Travel light!

Students routinely say how they wish they had brought **HALF** of what they actually did for their time in the UK. Every year many students seem surprised at how far and how many times they have to move and carry their suitcases.

In the UK you will notice a lot of stairs, uneven pavements and no elevators. Even on the Underground, you must be prepared to carry your luggage up a few stairs before you get to an escalator or elevator. Also, very few host universities' housing has elevators either, so it is worth trying to travel as lightly as possible. You should also expect to have to lift and carry your bags quite a bit on your journey from the airport to orientation accommodation and, in all likelihood, at your host university as well.

One solution for students who do have a lot of things they wish to bring for the year is to arrange to have the heavier items shipped directly to their host university, although not all host universities allow this. Students who decide to do this will have to ensure they have the correct delivery address (and in particular the postcode) for any shipment, which might mean sending it just prior to their own departure from California, or even asking someone else to send it on a short while after they've arrived and have their postal address confirmed. The host university liaison offices can advise further. Items like bed linen, duvets or blankets take up a lot of room in your suitcase, so it is much better to purchase them here. Many Halls will have a scheme where you can buy these items.

It is also worth noting that many students do tell us that they buy more clothes than they expected to while on their year abroad (bargains are available here, contrary to expectation). So please take notice and bring as little with you as you can!

#### MOBILE PHONES

Cell phones are called mobiles in the UK. A Pay-As-You-Go is the most common plan for study abroad students that offers flexibility and good rates. Often, EAP students purchase an inexpensive handset that will serve them for one term or one year and a SIM card with their chosen plan: either free texts or free minutes, or the combination of the two. There are a lot of options and we will advise you on who can best guide you through your purchase so that your mobile needs are met. During orientation, you will have some free time when you can go and purchase your mobile phone.

Some of you might want to unlock your US phone, which can be done, but be aware that this can void any warranty you have on your phone, and one student found she would no longer be able to get software updates on her smartphone after having it unlocked. If you are not sure of your US phone's international capabilities, we suggest you speak to your provider before coming to the UK.

#### MONEY

Please make sure your US bank knows that you will be abroad for a while! You don't want to try your card while here only to have the purchase rejected because your bank thinks someone outside the country has stolen your account details!

In order to open a bank account in the UK, you will need a letter from your host university, proof of new UK address and your passport. Therefore, you need to make sure you have enough money available to get you going until you can open a bank account, which can take up to a few weeks (depending on the bank). During EAP orientation in the UK, we will talk in detail about different banks and money matters. For London orientations, as mentioned earlier, we recommend you have enough money for your transportation from the airport to your orientation accommodation, and for your lunch on the second day of orientation (you can get a good lunch for under £10).

## **JET LAG**

### Before the flight:

- Try to get plenty of rest and hydrate.
- It can sometimes help people to start adjusting to their new time zone a few days before travelling. Setting your watch ahead and shifting your meals can train your brain into the new time you will be in.

### While on the flight:

- Stay away from coffee and alcohol!
- It's best while flying internationally to drink water, as hydration is key to fighting jet lag.
- Make yourself comfortable, even if that means you bring a pair of pajamas to wear for the flight.
- Depending on the time of your flight, you might want to forgo the dinner they serve, as it will probably be in the middle of night in the UK. It's okay to snack, but try to wait until breakfast is served.
- Try to sleep on the plane! Even if you only get a few hours, this will help you upon your arrival in the UK. It is a long journey and upon arrival you will be expected to stay alert and focus to participate in the EAP orientation.

### After the flight:

- Try to stay awake until evening (always aim for 8-9pm) the first day as this will help your body adjust to the new time more quickly.
- Continue to drink lots of water.
- Get sunlight. Yes, the British Isles may be known for clouds, but sunlight will help those circadian rhythms get into their new time zone!

Combating a jet lag can take up to a few days. With these steps, you should be able to tackle it well.

## Contact Details for London and Edinburgh Study Centres

### **UCEAP London Study Centre**

Winston House  
3 Bedford Square  
London, WC1B 3RA  
Tel: +44 (0)20 7079 0562

[www.uceap-uki.org.uk/](http://www.uceap-uki.org.uk/)

Emergency Mobile number:  
if dialling from inside UK: 07503507985  
if dialling from outside UK: +44 7503507985

Programme Officer: Ms Monika Popp  
[monika.popp@uceap-uki.org.uk](mailto:monika.popp@uceap-uki.org.uk)  
Skype: monikauceap

Programme Assistant: Ms Niki Sol  
[Niki.sol@uceap-uki.org.uk](mailto:Niki.sol@uceap-uki.org.uk)  
Skype : nikiuceap

### **UCEAP Edinburgh Study Centre**

50 Buccleuch Street  
Edinburgh, EH8 9LP  
Tel : +44 (0)13 1662 8988  
[www.uceap-uki.org.uk/](http://www.uceap-uki.org.uk/)

Emergency Mobile number:  
if dialling from inside UK: 07968 704 994  
if dialling from outside UK: +44 7968 704 994

Programme Manager: Mrs Hilary Noyce  
[hilary.noyce@uceapedinburgh.org.uk](mailto:hilary.noyce@uceapedinburgh.org.uk)  
Skype: hilaryuceap

Programme Assistant: Ms Emily Rootham  
[Emily.rootham@uceapedinburgh.org.uk](mailto:Emily.rootham@uceapedinburgh.org.uk)  
Skype: emilyuceap