

GUIDE TO STUDY ABROAD

2013-2014



Travel. Learn. Live.



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*Pregnancy includes pregnancy, childbirth, and medical conditions related to pregnancy or childbirth.



INTRODUCTION

Get Ready for the Experience of a Lifetime

Very soon you will be on your way to new adventures and unique experiences abroad. There is much to do before your leave. Do you know about all the UC resources and support available to you?

In this guide you will find:

- Steps to follow that will help you prepare for UCEAP.
- Tips to help you make the most of your opportunities abroad.
- Standards developed to ensure your safety and a successful program.

To use this guide, select the chapter from the index page or the left-hand navigation panel. You may click on any topic to read additional information.

Be sure to also access your Program Guide for custom information about your location and program. You can find this guide, your Predeparture Checklist, and other instructions and resources (program calendar, UCEAP Student Budget, etc.) in the [Participants](#) portal of the UCEAP website.

We're Here to Help

If you have any questions along the way, you can contact your personal UCEAP program advisor by phone, e-mail, or live chat.

Main UCEAP Help line: **(805) 893-4762**

Your UCEAP Support Team: [E-mail and Phone information](#) for Academic, Operations, and Program Advisors.



Live Chat: Hours are between 1-4 p.m. Go to eap.ucop.edu/Participants and select the “Live Help” link to chat or send a message after hours.

Have a wonderful time studying abroad with UCEAP!