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GUIDE TO STUDY ABROAD

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*Pregnancy includes pregnancy, childbirth, and medical conditions related to pregnancy or childbirth.



Introduction

YOUR GUIDE TO STUDY ABROAD

Very soon you will be on your way to new adventures and unique experiences abroad. There is much to do before your leave, and many UC resources and support available to you.

In this guide you will find:

- Actions that will help you prepare for studying abroad.
- Tips to help you make the most of study, internships or research abroad.
- Standards and policies developed to ensure your safety and well-being.

WE ARE HERE TO HELP

If you have any questions along the way, you can contact your personal UCEAP advisor in person, by phone or by email.

- **Main UCEAP Help line:** (805) 893-4762
- **UCEAP Support Team:** [Email and Phone information](#) for financial, academic, and other program-related questions.