



2019-2020

GUIDE TO STUDY ABROAD

Introduction

YOUR GUIDE TO STUDY ABROAD

Very soon you will be on your way to new adventures and unique experiences abroad. There is much to do before your leave, and there are many UC resources and support available to you.

In this guide you will find:

- Actions that will help you prepare for studying abroad.
- Tips to help you make the most of study, internships, or research abroad.
- Standards and policies developed to ensure your safety and well-being.

WE ARE HERE TO HELP

If you have any questions along the way, contact your personal UCEAP advisor in person, by phone, or by email.

- **Main UCEAP Help line:** (805) 893-4762
- **UCEAP Support Team:** [Email and Phone information](#) for financial, academic, and other program-related questions.

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*Pregnancy includes pregnancy, childbirth, and medical conditions related to pregnancy or childbirth.

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