

Insurance Instructions

Share all information with your parents/guardians

Health Insurance While on EAP

1. You are covered by the EAP health insurance plan starting 14 days before your program begins until 31 days after your program ends. (If you will need insurance in the U.S. before your program begins, see question below.)

You do not need to take any action to initiate coverage; you are automatically covered. All you need to do is to [read the policy](#) and make sure that it will be adequate coverage while you are abroad.

2. You will be covered by the UC Traveler Insurance while you are abroad. UC pays this premium. As accurate information on travel plans is needed to deliver the services and protections this UC travel insurance policy offers, you are strongly encouraged to [enroll online](#). This policy provides additional benefits, including security evacuation while participating in UCEAP activities. More details about this policy are also on the UC website.



Ask yourself this question:

Will you need health insurance **AT HOME BEFORE** your program begins?

If so, it is your responsibility to identify and purchase such insurance.

Note: Some campuses will drop EAP students from SHIP automatically.

Health Insurance Before/After EAP While Traveling



Ask yourself this question:

Will you need health insurance **ABROAD SOONER THAN 14 DAYS** before your program begins or longer than 31 days after your program ends?

If so, [complete the form, note deadlines, and follow payments/mailling instructions](#).

Health Insurance In the U.S. After Returning from EAP



Ask yourself this question:

Will you need health insurance **AT HOME AFTER** your program ends?

If so, [complete the form, note deadlines, and follow payment/mailling instructions](#).